Emergency Preparedness Checklist for Kids | Is it an emergency? Dial 911

**House Fires**
Get Low and Go

When you HEAR a fire alarm, SEE or SMELL smoke:
1. Drop to the ground.
2. Crawl to the nearest exit.
3. Feel closed doors for heat—only open them if they’re cool.
4. Go straight to the meeting place: ____________
5. Call 911

☐ Prep Check: Do you know at least two ways out of every room?

**Tornadoes**
Seek Shelter Underground

When you HEAR a tornado siren or a “train,” or SEE a green sky, hail, or a tornado:
1. Go to your home’s tornado shelter: ____________
2. Crouch under a sturdy table.
3. Cover your head and neck.
4. Stay calm.

☐ Prep Check: Do you have an emergency kit in your tornado shelter?

**Floods**
Turn Around, Don’t Drown

1. Never attempt to cross floodwater.
2. Turn around and move to higher ground.
3. Do not touch or drink floodwater.

☐ Prep Check: Do you have life jackets in your emergency kit?

**Tsunamis**
Move to Higher Ground

When you SEE the ocean disappear, HEAR a loud roar, or FEEL the ground shake:
1. Move to at least the third floor.
2. Run as far inland and as high up as possible.

☐ Prep Check: Have you practiced running to higher ground from the beach?

**Evacuations**
Breathe Deeply

You may need to leave your home when there’s a HURRICANE, WILDFIRE, or VOLCANIC ERUPTION.
1. Breathe in through your nose for 4 seconds.
2. Breathe out through your mouth for 4 seconds.
3. Listen to your parents and helpers.

☐ Prep Check: Do you have an emergency kit and evacuation bag?

**Earthquakes**
Drop, Cover, Hold On

1. Drop to the ground or lock your wheels.
2. Cover your head and neck with your hands, a book, or a sturdy table.
3. Hold on to a table leg.

☐ Prep Check: Is your furniture secured with wall anchors?

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Notes: