



Internet Safety Contract

Online rules

- I agree not to share my name, age, birthday, address, phone number, or school online.
 - I will not share videos or photos without permission.
 - I will ask for help when setting up account names and passwords to make sure they are safe.
 - I will not open new accounts or change passwords without permission.
 - I will never share passwords with people outside of my family.
 - I will never be mean or bully others online.
 - I will talk to my parents when I feel someone online is making me uncomfortable, angry, or sad.
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Screentime rules

- I am allowed to use devices for [time limit] on school days and for [time limit] on weekends.
- I am not allowed to use devices during meals, at school, during homework time, or during bedtime.
- I will put my device down when someone is talking to me.
- I am only allowed to watch movies that are rated:

- G
- PG
- PG-13
- I am only allowed to play games that are rated:
 - Early Childhood (ages 3 and over)
 - Everyone (ages 6 and over)
 - Everyone 10+ (ages 10 and over)
 - Teen (ages 13 and over)
 - Mature (ages 17 and over)

Texting and calling rules

People I am allowed to text or call:	Number:

I agree to all of the rules listed here.



Signed _____